



# Loma Vista 4-H Club Newsletter

OCTOBER 2017

## Loma Vista 4-H Club Officers

**Co-Presidents:**

Gracie Morrison,  
Emma Zeko

**VP Ways and  
Means:**

Aurora McLean  
Ruby Snowber

**Secretary:**

Addie Striegel

**Treasurer:**

Kai Miyashiro

**Webmaster:**

Allen Lane

**Refreshments:**

Piper Snowber

**Supplies:**

Kelly Quinn

**Communications:**

Reyna Lane

**Community Service:**

Sean Quinn

**Historian:**

Ben Llano

**Sergeant at Arms:**

Ashley Pylar

**Healthy Living:**

Livia Vertucci

## WELCOME BACK!

By Aurora McLean, Vice President of Means and Ways

Hello Loma Vista 4-H'ers. We had a great first meeting with lots of projects for all our kids' individual sparks! Several of the projects are at capacity, but there are a handful of projects that are still open for members to join. Some of these are: Emergency Preparedness & Environmental Issues, Kickball/Volleyball, Primary STEM, Pets, Record Book & Presentation Practice, and Drawing.

I love completing my Record Books and my mom, Crystal, as well as Lora Lane are both running the project this year. The Record Book project meets an hour before the monthly club meeting, 6:00pm the 2nd Tuesday of the month at Poinsettia Elementary School. I like my record book because it helps me keep track of all the cool things I do in 4-H every year. I took my record book to my interview for Tech Trek STEM summer camp and I got a full scholarship. The record book helped my interview go well because I could show them what I have done and was able to answer their questions and show my work.

We will help everyone make their record book and use record keeping strategies so you will build it little by little every month.

You are welcome to just show up and join us for Record Book, we will start our first lesson on how to use notebooks to keep track of your activists the very first meeting.



## BACKPACKS FOR KIDS

Hi 4-H'ers, it is Backpacks For Kids season again!! This is my third year coordinating the, Backpacks For Kids community service project which collects new or gently used backpacks filled with school supplies and shoes. Some ideas of supplies to put in the backpacks are markers, pencils, notebooks, scissors etc. I then ship them to be distributed to impoverished kids in Quilali, Nicaragua. This year in addition to backpacks we are collecting monetary donations to go towards buying

computers for the high school in Quilali. Last December, I was fortunate to travel to Quilali and took time to tour the local high school and met the principal and teachers. There I learned that students have almost no working computers and what they do have are very, very old. It has made it so students can't learn about computer technology or programs. If you have any questions contact me at [adlerstriegel@gmail.com](mailto:adlerstriegel@gmail.com) or (818)-437-1847. Please bring the backpacks to our October meeting. Thank you 4-Hers!!



## JOIN US FOR TRICK OR TREAT SO OTHERS CAN EAT (TOTOCE) THIS OCTOBER

By Sean Quinn

Teen Leader, Loma Vista 4-H

This fall, join 4-Hers and youth throughout Ventura County as we celebrate 20 years of Trick Or Treat So Others Can Eat (TOTOCE).



TOTOCE is a community service project that benefits FOOD Share, Ventura County's food bank, and occurs during the Halloween season. Just like you go door-to-door when trick or treating, Ventura County youth collect thousands of pounds of nonperishable food donations through this fun seasonal campaign. Any youth or youth group in the county can participate in TOTOCE.

Start building your record book now. Make sure you use the 2017-18 forms. Here is the link to the current California 4-H Record Book Manual and forms:

[http://4h.ucanr.edu/Resources/Member\\_Resources/RecordBook/RBResources/](http://4h.ucanr.edu/Resources/Member_Resources/RecordBook/RBResources/)

This year [TOTOCE](#) will run from Oct. 1 to Nov. 10, 2017. There will be a kickoff party and tour of [FOOD Share](#) at 6 p.m. on Tuesday, Oct. 3 at 4156 Southbank Rd. in Oxnard.

Last fall, TOTOCE collected and donated 3,911 pounds of food, which was worth \$6,648.70. Every five pounds provides a local family of four with a meal. That's enough for 782 meals or enough to feed about 40 families for an entire week.

We are challenging 4-H members to each collect 50 pounds of nonperishable food items. It's easy to estimate how much 50 pounds looks like. A full grocery bag holds about 10 pounds, so 50 pounds is about five full grocery bags.

All 4-H members who complete this 50-pound challenge will be awarded an official certificate from the county office. This is something you can add to your record book, or use for the community service requirement at your school.



Learn more about TOTOCE at the October 10 Loma Vista 4-H meeting or email: [totsoc@gmail.com](mailto:totsoc@gmail.com).

Good luck and thanks for participating!

### NEXT MEETING TUESDAY OCTOBER 10<sup>TH</sup> 7:00pm

Don't forget to dress up for our spooky **Halloween** meeting at Poinsettia Elementary School.

Members dress up and participate in a costume parade. There will be fun games and good food.

Please bring a Halloween snack to share – the theme is black and orange!



## JOIN THE COUNTYWIDE PRESENTATION PROJECT

By Sean and Kelly Quinn, Loma Vista 4-H

Get the chance to meet 4-Hers from throughout Ventura County as you improve your public speaking skills and create a dynamic presentation that you can showcase at County Presentation Day on Feb. 10, 2018. Join a countywide presentation project for the 2017-18 year.

We will hold two sessions at the Ventura County 4-H Office, 669 County Square Dr. #100, Ventura, CA 93003. Here are the details on the sessions:

- **Project Meeting I: Nov. 18, 2017, 9 a.m. to 12 p.m.**

Learn about the different types of presentations you can do at County Presentation Day and watch 4-H members present examples. Work on your public speaking skills through fun games and impromptu speaking exercises.

- **Project Meeting II: Jan. 6, 2018, 9 a.m. to 12 p.m.**

Bring your idea or a draft of your presentation and get hands-on help. You will work on all aspects of your presentation including the speech, poster, digital slides, props and more. You can also practice with your peers.

If you would like to join, please fill out this online form:

<http://ucanr.edu/survey/survey.cfm?surveynumber=21519>.

Questions? Please email project leader Melissa Lalum at:

[melissa.lalum@gmail.com](mailto:melissa.lalum@gmail.com) .

## OTHER 4-H NEWS

**National 4-H Week:** Celebrate October 1-7 by wearing your 4-H shirt to school and sharing something you have learned or are learning in 4-H. This will give you a communication point in your 4-H record book.

**Fall Kickoff September 30, 9-noon at UC Hansen**

**Agricultural Research and Extension Center:** At the 4-H Kickoff, there will be fun activities and information sessions. There is

also going to be ice cream! RSVP by September 23, 2017 at [http://ceventura.ucanr.edu/Families - Communities/4-H/#](http://ceventura.ucanr.edu/Families_-_Communities/4-H/#).

## PARENTS

**Reminder for project leaders:** You will need at least two adults, one certified leader at each project meeting.

Also, use this link, <http://4h.ucanr.edu/files/4726.pdf> for member health info and liability release and keep these copies with you at project meetings.

All new volunteers must be screened and go through training. Returning volunteers must re-enroll and complete the training in the Online Extension System. See [http://ceventura.ucanr.edu/Families - Communities/4-H/Member Opportunities/](http://ceventura.ucanr.edu/Families_-_Communities/4-H/Member_Opportunities/)

**Don't Forget  
For the Next  
Meeting:  
Tuesday, Oct  
10 at 7:00pm  
at Poinsettia  
Elementary  
School. Wear  
your costume!**

**REMINDER:**  
Bring cans of  
food for  
TOTOSCE to our  
OCTOBER  
meeting please!  
Also, filled  
backpacks or \$  
for "Backpacks  
For Kids"



**4-H PLEDGE**

I pledge my **HEAD** to clearer thinking,  
my **HEART** to greater loyalty,  
my **HANDS** to larger service,  
and my **HEALTH** to better living,  
for my club, my community,  
my country, and my world.



To submit articles or reminders, contact Reyna Lane at [rlltwingirl@gmail.com](mailto:rlltwingirl@gmail.com)