



Loma Vista 4-H Club Newsletter

OCTOBER 2018

Don't forget to wear your 4-H shirt to school for 4-H Week! It starts October 7th and ends on the 13th. You can have fun promoting 4-H to your friends, and you can count this activity as a communication point in your Record Book.



OCTOBER News

Andrew & Ashley Pyler

Upcoming Events:

2018 Animal Science Field Day - September 22nd at Mount San Antonio College in Walnut, California.

Record Book Workshop - Postponed (location and new date TBA).

4-H Week - October 7th-13th; wear your 4-H shirt to school and promote 4-H.

TOTSOCE - October 1st - November 10th "Trick or Treat so Others Can Eat": objective is to gather 50 pounds or more of canned and non-perishable food for Ventura County Food Share.

Loma Vista 4-H Halloween Party - October 9th at Poinsettia Elementary School. Come in a costume and enjoy fun and games.

4-H Science Night - October 10th at the County Extension Office in Ventura, California.

Achievement Night - October 11th at HAREC in Santa Paula, California.

Project Leader Field Day - October 20th at HAREC in Santa Paula, California.

Community Service

Join Us in Collecting Food in October!

By John Briggs

This fall, join 4-Hers and youth throughout Ventura County as we celebrate **21 years of Trick-Or-Treat So Others Can Eat (TOTSOCE).**



*You can do it!
Start collecting
your 50 pounds
today. For more
information
about TOTOSOCE
visit: [TOTOSOCE](#)*

*For more
information
about Ventura
County Food
Share visit: [FOOD
Share](#)*

TOTOSOCE is a community service project that benefits [FOOD Share](#), Ventura County's food bank, and occurs during the Halloween season. Ventura County youth collect thousands of pounds of non-perishable food donations by going door to door during this fun seasonal campaign. Any youth or youth group in the county can participate in TOTOSOCE. This year [TOTOSOCE](#) will run from Oct. 1 to Nov. 10, 2017.



Ventura County's Food Bank

Over the past few years, TOTOSOCE has collected thousands of pounds of non-perishable food for Food Share. Every 5 pounds of food collected can provide a family of four with a meal. This year we are challenging each 4-H member to collect 50 pounds of food for the food bank. This food can provide 10 families with much-needed approximately 10 pounds, so 5 bags would be about 50 pounds. Let's get collecting for our community!

All 4-H members who complete this 50-pound challenge will be awarded an official certificate from the county office. This is something you can add to your record book, or use for the community service requirement at your school.

Each 4-H club in Ventura County is encouraged to participate in TOTOSOCE, and should assign a junior or teen leader to run the project. Teen leaders should email totsoce@gmail.com and include the club name, teen leader's name, phone number and email address, the number of participating members, and a goal for the pounds of food the club intends to collect. A "Starter kit" including door hangers, flyers, thank you notes, and instructions will then be emailed to you.

Good luck and thanks for participating!

Club Meeting Recap **September Club Meeting - Projects Still Open!**

All returning and new Loma Vista 4-H Members were very excited for the first club meeting of the year. They had a great time socializing, eating ice cream, and signing up for projects. Loma Vista 4-H is offering 24 projects to its members this year, including some projects that have not been offered recently, such as: Audio Production, Bike Maintenance, Quilting, Goat Care, and Market Lambs. In case you missed the meeting, forgot to sign up for some of the projects, or are still considering adding more projects to your 4-H activities this year, the following projects are still accepting sign-ups. Please contact the Project Leaders directly if you would like to sign up:

Poultry - all ages welcome (10 maximum); contact Jonra Cross at Cjonra@gmail.com

Projects are still open:
Poultry, Pets Care and Exploration, 4-H Record Books and Presentation Practice, Goat Care, Dog Care and Obedience, Leatherworking, Robotics, Quilting, Crochet/Knitting, Sewing, Cavy, Money 101 for Kids, Money 101 for Teens, Cake Decorating, Rabbits

Pets Care and Exploration - all ages welcome (12 maximum);
4-H Record Books and Presentation Practice - all ages welcome (unlimited);
contact Elaine Pyler at pyler@mac.com

Goat Care - ages 12+ (6 maximum); contact Julie Salomonson at jsalomonson@yahoo.com

Dog Care and Obedience - ages 8+ (10 maximum); contact Rick Lane at cocilane@gmail.com

Leatherworking - ages 9+ (10 maximum); contact Alicia Verdades at alicia.verdades@venturausd.org

Robotics - ages 9+ (10 maximum); contact Eric Briggs at beckie1220@msn.com

Quilting - ages 9+ (10 maximum);

Crochet/Knitting - ages 10+ (15 maximum);

Sewing - ages 9+ (10 maximum);

contact Rachel McClanahan at rach.mcclan@gmail.com

Cavy- all ages welcome (10 maximum); contact Christina Hofer at cshevlin@sbcglobal.net

Money 101 for Kids - ages 9+ (10 maximum);

Money 101 for Teens - ages 14+ (10 maximum);

contact Robin Wallace at robin.viewfinderpro@gmail.com

Cake Decorating - ages 12+ (10 maximum); contact Julie Salomonson at jsalomonson@yahoo.com

Rabbits - all age welcome (unlimited); contact Melissa Ziegler at sarahziegler713@yahoo.com

Ventura Exotic Bird & Animal Expo

By Allen Lane

My family went to the Ventura Exotic Bird & Animal Expo on Sunday Sept. 16th. At the entrance there was a pen full of bulldog puppies. They were cute and soft and expensive at \$3,000 each. Inside, we got to meet a lot of cool pets.

We saw large snakes and lizards. In the picture there is an uromastyx who hissed at me. He was captured from the wild, so it was not very tame. It's better to buy reptiles that have a CB on the price tag. That means they were captive bred



**Don't Miss
the Next
Club Meeting**

October 9th

*7:00 PM at
Poinsettia
Elementary
School.*

and are not wild. The iguanas were the friendliest reptiles. Sadly, there were cages of feeder rats and mice.



The biggest part of the show was the birds. I saw an African Grey Parrot (which are very smart) along with many other exotic birds. Some of the birds cost more than \$1,000 and some of the little song birds were only \$8. We saw a bird escape out the entrance with the owner chasing it.

It's amazing how many kinds of pets there are. My sister and I participated in the Pets Project last year. She bred pet rats and I got a gecko named Rocko. If you want to be part of the Pets Project this year and find out more about alternative pets, contact Ms. Pyler at pyler@mac.com

Project Spotlight

Project Spotlight:

Sewing, Quilting, and Crochet/Knitting Projects

*By Rachel McClanahan and Adeline Vertucci,
Project Leader and Junior Leader*

Still looking for a project? Look no more and consider joining the Sewing, Quilting, and/or Crochet/Knitting projects, we have space available and no experience is necessary. Here's more about what you will learn and do in these projects.

Sewing: You will learn the parts of a sewing machine and how to thread and use it safely. You will learn how to hand sew. You will learn about what goes into a sewing kit and how to use all of the tools in your kit safely. You will learn how to buy a pattern and fabric and how to lay out the pattern and pin and cut the fabric. You will learn sewing skills like gathering, inserting a zipper, hemming, creating an elastic casing, and more. By the end of the year you will make something to wear or use.

Quilting: In the quilting project you will learn some of the same things that you will in sewing but we will focus on making a small quilt. You will learn about quilting tools and equipment. You will learn how to safely cut, iron and sew a quilt. We will look at color schemes and materials and practice getting

Loma Vista 4-H Club Officers

President:

Kai Miyashiro

VP Ways and**Means:**

Livia Vertucci

Treasurer:

Adler Striegel

Secretary:

Ruby Snowber

VP Programs:

Sean Quinn

Kelly Quinn

Webmaster:

Lucas Malone

Communications:

Ashley Pyler

Andrew Pyler

Community Service:

Amelia Archer

Healthy Living:

Piper Snowber

Historian:

Reyna Lane

Alexander Blomquist

Refreshments:

Allen Lane

Sergeant at Arms:

Olivia Blomquist

Supplies:

Adeline Vertucci

accurate $\frac{1}{4}$ in seams. By the end of the year you will make a small quilt.

Crochet/Knitting: At first we will focus on crochet and hopefully we will also learn to knit. In this project you will learn about crochet tools and different types of yarn. You will learn many crochet stitches, including, chain stitch, single crochet, double crochet, and slip stitch. You will learn how to read crochet patterns and how to turn at the end of a row. By the end of the year you will make a small project to keep or give as a gift.

We will meet on Sundays (dates to be emailed) at FabricTown USA. Join us for fun and learning!

If you are interested, email project leader Rachel McClanahan (Livia and Adeline Vertucci's mom): rach.mcclan@gmail.com or call or text 805-794-0515

Club Officers' Corner

In the Club Officers' Corner you can get to know what our Club Officers do, as well as get to know more about them. Enjoy learning about our club's officers with the articles below!

Adler Striegel - Treasurer

The Treasurer develops the club's budget, writes checks and makes deposits, and accounts for money received and/or spent. Our club's Treasurer is Adler Striegel. Adler is a 9th grader at Foothill High School. She has been in 4-H for 5 years, and her favorite project has been Roots and Shoots. She is on a swim team and plays water polo. Adler enjoys reading, swimming, and just hanging out with friends. She is hoping to pursue a career as a journalist.



Ruby Snowber - Secretary

The Secretary takes minutes at each club and officer meeting and keeps attendance for club meetings. Our club's Secretary is Ruby Snowber. Ruby is an 11th grader at Rio Mesa High School. She has been in 4-H for 11 years, and her favorite project has been Baking. Outside of 4-H she also does ballet. Ruby enjoys surfing, going to the beach, listening to music, and hanging out with friends. She is hoping to pursue a career as an actress.



Here is the link
to California 4-H
Record Book
Forms for
Junior,
Intermediate,
and Senior
Members
[http://4h.ucanr.
edu/files/21897
3.doc](http://4h.ucanr.edu/files/218973.doc)

Link to
Leadership
Development
Report
[http://4h.ucanr.
edu/files/22027
3.docx](http://4h.ucanr.edu/files/220273.docx)

Achievement Night

Please consider joining us at 4-H Ventura County Achievement Night. Achievement Night is a county event for all of Ventura County to recognize all of the year's hard working 4-H Members and their accomplishments. It is a fun event where you can hang out with your 4-H friends and congratulate each other on all of the amazing awards that you have earned in the last 4-H year. The event will be held on October 11th, 2018 at the HAREC in Santa Paula. Be ready to have an amazing time while hanging out with your 4-H friends.

Healthy Living Challenge October's Challenge

By Piper Snowber, Healthy Living Officer

Hello fellow 4-Her's! I am Piper Snowber, your healthy living officer. I am in charge of setting certain goals and ways to not only become healthier, but to also help the community become healthier and more waste free. My duty is to help you guys do this with easy and simple things that you can do every day to improve your health. But to make sure that you are, I have made a handout to give to you or anyone who would like to participate at each meeting to help you log your progress.

At the meetings, I will count up how much you have done and whoever does the most, gets a special prize! As 4-Her's, I think that all of us should try to contribute to the health of the community as well as ourselves, so if any of your friends or family members are interested, I would be more than happy to provide them with something to help them with that. If you have any questions, please be sure to email me at piper.snowber@gmail.com. Otherwise, I will be giving further information at the October meeting.

Learn About 4-H 4-H Award Stars

*By Ashley Pyler,
4-H Record Books and Presentation Project Junior Leader*

Some of you, especially those of you who are new to 4-H, may be wondering what the stars you see on the club officers' hats mean. For those of you that do know, you may think that they are impossible to achieve. However, this is not the case.



The stars you have seen are some of the top honors achievable. There are four stars you can earn (Bronze, Silver, Gold, and Platinum). The Bronze, Silver, Gold, and Platinum Stars are awards that are mostly completed at the club level. These stars must be earned in order.

For more
information
about 4-H
Summer
Camp Seely,
visit:

[http://www.
4hsummerca
mp.com/](http://www.4hsummercamp.com/)

However, the Platinum Star is not the highest honor in the California 4-H Program. There are two honors that are considered higher than the Platinum Star. These awards are the Emerald Star, and the Diamond Clover. The Emerald Star is mainly completed at the county level, and the Diamond Clover is completed mainly at the state level.

You earn the main stars (Bronze, Silver, Gold and Platinum) by earning enough credits per category on the Personal Development Report, (also known as 4-H Record Book Section 2, or the PDR), and by submitting the rest of the 4-H Record Book for that 4-H year.

For each star, the requirements get harder and harder. There are more categories needed on the Personal Development Report, and the number of credits per category goes up. For the 4-H Bronze Star, you need 5 PDR categories out of the 8, 6 out of 8 for Silver, 7 out of 8 for Gold, and again 7 out of 8 for Platinum.

For more information on the stars of 4-H and 4-H Record Books in general, visit the California State 4-H Website [here](#), please consider joining the 4-H Record Books and Presentation Practice Project. The project conveniently meets one hour before each club meeting at 6:00 p.m. prior to each club meeting at Poinsettia Elementary School. The project is still open, and would welcome new members.

4-H Summer Camp

By Piper Snowber

Every year for the past 5 years my sister and I, Ruby, have been going to 4-H Camp at Camp Seely. Our first year I remember being intimidated by the fact that I would be away from home without cell service for the next 6

days but as soon as we were all checked in, all of my worries disappeared. The staff members and campers were warm, welcoming, and understanding. They showed us to our cabins and let us settle in. Each year I come to camp it gets easier and easier to say goodbye to my family because I know that the week ahead of me is bound to be one of the best weeks of my life.

Each day of the week is full of adventure, fun, and many laughs. At camp, you make some of the tightest bonds with people that you will ever make. The fact that you only get to see each other one week a year (or more outside of camp), makes your bonds that much tighter. At camp, you'll learn how to be a



If you want to submit an article to the newsletter, then you can send it to:

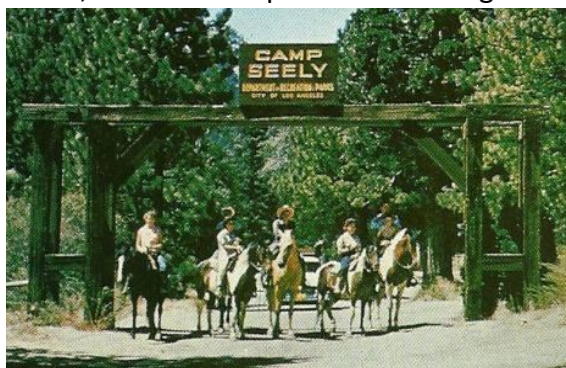
newsletter@lomavista4h.com

We'll gladly take any articles you write about your 4-H experience, and don't forget, it counts as a Communication point in your Record Book!

better person, leader, and 4H-er. It brings you closer to nature and more comfortable in new places away from home.

As you get older and more mature, you take on many more responsibilities but you also get to do a lot of fun stuff. You also have the option to be a staffer/counselor once you turn 14 which I will be doing this year. Being a camp counselor means you have your own cabin of kids to look after. This improves your ability to be a leader and teach kids how to be better people. Some parents are worried to send their child off to a camp for so long because it feels like they're abandoning them but what they're really doing is helping them to become better people.

At camp, everyone is accepting and understanding unlike anywhere else you will ever go. There's a guarantee that you will make at least one friend. I have never, ever left camp without making a new friend. You can think of camp as



one giant sleepover with all of your closest friends in nature with really good food. Speaking of food, at 4-H camp, it doesn't matter if you are vegan, vegetarian, or you're just a picky eater, you'll find something to eat, and the chefs are super nice and lenient about your needs.

I encourage everyone and anyone that is looking for a way to make new friends, become a better leader, and become a better 4H-er! At camp seely, you get a lifetime of experiences that will stick with you for a lifetime. There's nothing better than coming home from 6 days spent in the sun with your friends and singing so many camp songs your voice goes away.

I pledge...

my *head* to clearer thinking,
my *heart* to greater loyalty,
my *hands* to larger service, and
my *health* to better living for
my *club*, my *community*,
my *country*, and my *world*.

