



Loma Vista 4-H Club Newsletter

MARCH 2019

Check your email inbox regularly to avoid missing important information about the upcoming county events such as times, location details, and what to bring to the event.

MARCH News

Andrew and Ashley Pylar

Upcoming Events:

Loma Vista 4-H March Club Meeting - March 12th at Poinsettia Elementary School.

Speaker "Dr. Mike" (DVM and head veterinarian for the VC Fair) - March 13th at the HAREC in Santa Paula, California

Ventura County 4-H Presentation Day/4-H Fashion Review - March 23rd at the HAREC in Santa Paula, California.

Loma Vista 4-H April Club Meeting - April 9th at Poinsettia Elementary School.

2019 Santa Barbara Fair and Expo - April 24th-28th at the Earl Warren Showgrounds in Santa Barbara, California.

Southern Area Field Day - May 1st at Mount San Antonia College in Walnut, California.

Club Meeting Recap

February Club Meeting - Club Pet Expo

At the Loma Vista 4-H Club Meeting on February 12th, everyone had an incredible time. This club meeting was the 2nd Annual Loma Vista 4-H Club Pet Expo. Members of the club brought in all kinds of different pets. Some of the pets brought in were rats (owned by Reyna Lane), a leopard gecko (owned by Allen Lane), rabbits (owned by Kelly Quinn), a dog (owned by Alexander and Olivia Blomquist), garden snails (owned by Ashley Pylar), a tortoise (owned by the Snowber Family), and some chickens (owned by Poultry Project Leader Jonra Cross).



Above: 4-H members fascinated by Bert the tortoise.

Don't Miss the Next Club Meeting

March 12th

*7:00 PM at
Poinsettia
Elementary
School.*

*Join us for
our March
Club
Meeting.
We will be
having our
annual
STEM club
meeting.
Come and
learn more
about
architecture
with the
help of
Architect
Michael
Striegel!*

The meeting started as usual, and then went on with members presenting their pets in front of the entire club. Thank you to Reyna Lane, Kelly Quinn, Ashley Pyler, Alexander Blomquist, Olivia Blomquist, and Ruby Snowber (all of these members presented interesting information about their pets. All of the members who attended got to learn more about the amazing pets, including getting up close to touch and feel the various animals, and everyone had a spectacular time.



Clockwise from bottom left: Tomas Malone petting a rabbit; Olivia and Alexander Blomquist presenting with Valentino; Adler Striegel and Sloan Lees holding Rocko(leopard gecko); Kai Miyashiro holding Orchid (hen); Autumn Storts holding Sammy (rat); Malia Lynn Maldonado holding Pistachio (garden snail)

2019 Senior State 4-H Record Book Competition Results

Each year, senior members who submit 4-H Record Books are eligible to submit their 4-H Record Books to the California state 4-H competition. Books are judged against standard criteria. Those books recording the most outstanding 4-H work, goal management skills, and leadership and citizenship development are selected as state medalists and/or state winners.

This year, Adler Striegel and Andrew Pyler from Loma Vista 4-H Club entered their record books into the state competition. For their efforts, both received a State Winner Rank, the top rank achievable. Andrew and Adler were the only two senior members to submit to the state competition in Ventura County. Congratulations to Adler Striegel and Andrew Pyler for all of their hard work and accomplishments.

For more information about Ventura County 4-H events, visit the county website at: <http://ceventura.ucanr.edu/Families-Communities/4-H/>

UPDATE: Dr. Mike's Speech - Rescheduled To March 13th

Due to the recent storm, Dr. Mike's Speech was rescheduled to Wednesday, March 13th at 7:00 p.m. He will still be speaking in the Large Barn at the HAREC in Santa Paula. There is no registration for this event. Please feel free to come join us for this event!

2019 Ventura County 4-H Food Faire

By Livia Vertucci

The 2019 Ventura County 4-H Food Faire was held on Saturday, February 2nd at Will Rogers Elementary School in Ventura. Nineteen members participated from three clubs: Conejo/Simi, Loma Vista, and Somis. There were three food categories to enter: main dish, appetizer, and dessert. Members also entered decorated cakes and cupcakes. There was also a table setting category. There were 11 food items, 4 decorated items, and 1 table setting entered. Two Oxnard College Culinary Academy teachers were judges.



Above: Mathew Ziegler eating chocolate fondue



Above: Rossilyn "Rossi" Buchanan's Food Faire entry

There were several activity stations set up for members to explore during the judging. Adler Striegel prepared a vegetable judging station with veggies donated from Underwood Family Farms. Livia Vertucci prepared a spice guessing station. Adeline Vertucci created two tasting stations, apples and store-bought mild salsa. Reyna Lane made a healthy living station where members had to match the

amount of sugar contained in different foods and drinks. It was amazing to see how much sugar there is in foods that are considered healthy, like granola and orange juice. Reyna's mom Lora brought chocolate fondue, a treat popular in the 1970s, for members to dip marshmallows, pretzels, and graham crackers.

The community service activity, organized by Ashley Pyler, was to donate money and make thank you cards for José Andrés, founder of World Central Kitchen, the group that came to feed firefighters and others during the Thomas Fire and during other disasters around the world. We collected \$40 to donate to World Central Kitchen along with our cards.

The most exciting part of the day was the 'Iron Chef' competition where 16 attendees were placed into groups to take random ingredients, such as Spam, sponge cake, and Kalamata olives, to create one appetizer and one dessert in 45 minutes. The four teams worked closely together to make some creative

Link to
California 4-H
Record Book
Forms for
Junior,
Intermediate,
and Senior
Members
<http://4h.ucanr.edu/files/218973.doc>

Link to
Leadership
Development
Report
<http://4h.ucanr.edu/files/220273.docx>

and interesting dishes! Reyna Lane and Ashley Pyler both served as judges for the event.

Thanks to Rachel McClanahan and Julie Salomonson for organizing this event. And thanks to Elaine Pyler and Lora Lane for helping to organize the community service and educational stations. We can't wait until next year!

Loma Vista 4-H winners were as follows:

Sloan Lees, Primary, cupcake decorating – Participant
Rossilyn Buchanan, Junior, Dessert – Gold
Jones Lees, Junior, Main Dish – Blue
Adeline Vertucci, Intermediate, Dessert – Gold
Delilah Ward, Intermediate, Dessert – Gold
Mathew Ziegler, Intermediate, Main Dish – Gold
Adler Striegel, Senior, Main Dish – Gold
Livia Vertucci, Senior, Main Dish – Gold



Above: Renya Lane at her sugar amount guessing station

Loma Vista 4-H members who participated in Iron Chef:

Mathew Ziegler
Adler Striegel
Jones Lees
Sloan Lees
Rossilyn Buchanan
Livia Vertucci
Adeline Vertucci
Delilah Ward
Liliana Cagnacci
Adeline Cagnacci
Emilia Reed
Malia Lynn Maldonado
Piper Snowber



Above: Ashley Pyler at her community service station



Left: Adler Striegel at her vegetable judging station

Project Spotlight:

Project Spotlight: Cooking Project

*By Delilah Ward,
Cooking Project Junior Leader*

Do you like food as much as I do? If you like bacon, doughnuts, ice cream and party cheese balls, this is the right project for you! If you join the cooking project, you will learn your kitchen skills as you go. In this project you learn knife skills, how to use different kitchen tools, food presentation, and how to safely cook on a stove or use the oven. If you want to be a chef you can start taking these classes, or just gain the skills that you will have for a lifetime.



Above: Members of the cooking project (from bottom right, counter clockwise: Atticus Karian, Loral Karian, Delilah Ward, Emilia Reed)

For more information about the projects that our club offers, visit the following link:

<http://www.lomavista4h.com/projects/>

I've been in the cooking project for three years. We have made different types of food each year. My favorite project meeting was when we made ice cream. We made ice cream three different ways. We made ice cream in an old fashioned churn, an electric ice cream maker, and in a sandwich bag experiment where we jumped on a trampoline to mix the



Above: Food made in the cooking project

ingredients. My experience in the cooking project has been fun and challenging but has always been rewarding. For example, the iron chef challenge is one where we make a dish with random ingredients. The iron chef challenge prepares us for Food Faire, a yearly 4-H event where you can win pins and practice presenting.

Cooking project is fun; you make new friends and make tasty treats. Consider joining the cooking project in September when you sign up for projects. The cooking project meets once a month, for 2 hours, and usually on a weekend. Sign up! ¡Buenprovecho!



Right: Delilah Ward and Emilia Reed cooking

Please be
sure to help
Adler with
her
Computers
for Kids
Project to
ensure that
it is a
smashing
success!

Community Service March - Computers for Kids Project

By Adler Striegel,



Left: Director Manuel de Jesús Santamaira Castellano with teachers installing the 4 donated computers at Instituto Nacional Quilali.

Since 2015 I have been working hard to grow Backpacks for Kids, a project that partners with Elizabeth Cornejo to help underprivileged kids in rural areas of Quilali, Nicaragua. I started this project 3 years ago to gather donations of backpacks filled with school supplies and shoes for kids who otherwise would not have them. Due to political unrest in Nicaragua, we weren't able to ship donations in November like we have done in the past. The contributions that YOU guys have made in the past have helped so many, so I wanted to find an alternative way to help the community. I visited Nicaragua in 2016 and helped Elizabeth give out the donated supplies, while there I was able to take a tour of the high school in Quilali. I was surprised to learn that the school had 2 working computers, for 700 students. Quilali is a town with a lot of poverty and the only way to get out of that, is through education and the implementation of 21st century skills. Because of the lack of computers, it was hard for teachers to teach how to correctly operate technology, something that should be used hands-on.

Remembering this, I spoke to Elizabeth and the school principal and made the decision to turn Backpacks for Kids into Computers for Kids and postponed it until now. We have changed the focus to raise money to buy new computers, as well as accepting donations of gently used PC computers for the computer labs.

So far, I have raised \$1,000 for the computers and the school was able to purchase 4 Microsoft towers with software and monitors. This is an amazing start, but the school needs more computers! For this month's community service project, I would like to encourage you to consider donating a gently used Microsoft computer giving a monetary donation, so we can continue to build the high school computer lab. If you choose to donate a computer, please insure they are in good working condition and only PC's. We are happy to take cash or checks in any amount right for your family, (please make out checks to Loma Vista 4-H w/ Memo "Computers for Kids") or you can donate at GoFundMe link [HERE](#). Donations in any amount are

Loma Vista 4-H Club Officers

President:

Kai Miyashiro

VP Ways and Means:

Livia Vertucci

Treasurer:

Adler Striegel

Secretary:

Ruby Snowber

VP Programs:

Sean Quinn

Kelly Quinn

Webmaster:

Lucas Malone

Communications:

Ashley Pyler

Andrew Pyler

Community

Service:

Amelia Archer

Healthy Living:

Piper Snowber

Historian:

Reyna Lane

Alexander

Blomquist

Refreshments:

Allen Lane

Sergeant at

Arms:Olivia

Blomquist

Supplies:

Adeline Vertucci

appreciated and tax deductible! I will send you a thank you note with the federal tax id.

I hope we can buy more computers for the wonderful students and families in Quilali! Thank you for supporting my community service project and these hard working students in Quilali!

Club Officers' Corner

In the Club Officers' Corner you can get to know what our Club Officers do, as well as get to know more about them. Enjoy learning about our club's officers with the articles below!

Piper Snowber - Healthy Living Officer

The Healthy Living Officer creates and implements a health challenge for 4-H members to complete month. Our club's Healthy Living Officer is Piper Snowber. Piper is an 8th grader at Camarillo Academy of Progressive Education (CAPE). She has been in 4-H for 8 years, and her favorite project has been Cake Decorating. Outside of 4-H, she is a member of her church, takes piano lessons, a member of an optimist club, takes art lessons, and takes tae kwon do lessons. Piper enjoys writing, making art, crocheting, and sewing. She is hoping to pursue a career as a politician, writer, or artist.



Allen Lane - Refreshments Officer

The Refreshments Officer prepares and serves the snack at each club meeting. Our club's Refreshments Officer is Allen Lane. Allen is a 9th grader at Foothill Technology High School. He has been in 4-H for 6 years, and his favorite project has been Drawing. Outside of 4-H, he is part of a recording club, and takes piano lessons. Allen enjoys drawing and listening to music. He is hoping to pursue a career as a clothing designer.



Loma Vista 4-H'er Enjoys Being Club Officer For The First Time

By Adeline Vertucci, Supply Officer

My name is Adeline, I am 11 years old and in the 5th grade. This is my 4th year in 4-H and my first year as an officer. This year I am the Supply Officer. My job is to be sure that we have enough t-shirts, hats, scarves, and other items for members to buy. I really like being on the board because it is fun to plan the meetings and to help members during the meeting activities. I also really liked

For more information about collegiate 4-H clubs, feel free to check out the following link: <https://4-hhistorypreservation.com/History/Collegiate/Collegiate 4-H.pdf>

when we got to go on our leadership camping trip. The reason I liked that trip is because I feel that I got to know the other board members so much better and now they are life-long friends. My goal is to be on the board every year and one day be president when I am older.

I bring the bin with supplies to each meeting so please be sure to come grab a shirt, hat, tie, or scarf at the next meeting. I can take cash or checks made out to Loma Vista 4-H. Please let me know if you would like to order a hoodie (they are special order).

Learn About 4-H Collegiate 4-H Clubs

By Ashley Pyler

Even when you graduate high school, you do not have to give up being a member of the 4-H Program. Nearly three dozen colleges in the United States offer 4-H clubs, known as collegiate 4-H clubs. Although many collegiate 4-H club members are 4-H alumni, collegiate 4-H clubs are welcome to everyone.

The first collegiate 4-H club was started in 1916, fourteen years after the first youth 4-H club began. The club began on the Oklahoma State University campus as an "after-dinner club" for students who had a rewarding 4-H career, and wanted to get together with others from across the state to relive their 4-H days.

Collegiate 4-H clubs offer many enjoyable activities to its members. Members of collegiate 4-H clubs get to help local youth 4-H clubs with their events, engage in activities that continue to help them build citizenship, leadership, and life skills to keep growing as young adults, and they bridge the gap between 4-H youth, leaders, and staff throughout the state. Collegiate 4-H clubs run very similarly to youth 4-H clubs; they even hold community service events and have club meetings.



*Above: Members from the
Purdue Collegiate 4-H Club*

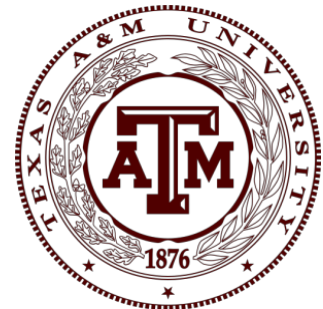
In addition to holding community service events, and having club meetings, collegiate 4-H clubs even have club officer boards. Since every member of the



If you have any questions or concerns about this month's healthy living challenge, please feel free to contact Healthy Living Officer Piper Snowber at piper.snowber@gmail.com

club is an adult, there is no age requirement to be a club officer. The only requirements to be an officer is to submit an application form, and to be a member of the collegiate 4-H club for at least one year. Similar to youth 4-H clubs, collegiate 4-H clubs can receive awards. Some awards that collegiate 4-H clubs can receive include Club of the Year, New Club of the Year, and Scrapbook of the Year. All awards are presented by the National Collegiate 4-H Organization, and any collegiate 4-H club is eligible to obtain the award. Collegiate 4-H clubs began receiving awards in 1973.

Today, there are many collegiate 4-H clubs available for college students to join. Here is a short list of some colleges with collegiate 4-H clubs: Georgia State, Ohio State, University of West Virginia, UC Davis, Kansas State, Purdue, Iowa State, Colorado State, Oklahoma State, Georgia Southern, North Carolina State, Montana State, Florida Southern College, University of Indiana, West Texas A&M, Oregon State, Appalachian State, University of Georgia, South Dakota State, University of Minnesota, University of Wyoming, University of Nevada Reno, Louisiana State, Texas Tech, Mizzou, Penn State, Rutgers, Delaware Valley College, Texas A&M.



Healthy Living Challenge March's Challenge

By Piper Snowber, Healthy Living Officer

Hello my name is Piper Snowber, and I am your Healthy Living Officer. My job is not only to help you become healthier, but also to improve your health by improving the environment around you. So, this month, my challenge for you is to start a compost. To start a compost, you only have to do these things: have a compost bin (which you can purchase at your local hardware store), a pitchfork, a shovel, or any tool that you can use to stir the contents every once in a while. You will also need a small bucket that you can keep in your kitchen, so when you are cooking, you can easily put food scraps in it.

What should you put in your compost? Well, you can put anything in it that is a plant or is from a plant, for example: coffee grounds, banana peels, orange rinds, leaves, grass, leftover food scraps -- basically anything that isn't fatty -- such as dairy and meat. You're going to want to empty the bucket every other day or so into the compost bin. When you do so, it is good to give the compost a good stir, so the contents can break down easier. Starting a compost is a great way to recycle what might otherwise go in a landfill, and instead turn it into your very own soil for your garden. Getting outside and connecting with

newsletter
@lomavista
4h.com

nature, believe it or not, is a great way to improve your health and improve your planet's health. If you have any questions, there is a lot of information accessible online. Stay green!

my *head* to clearer thinking,
my *heart* to greater loyalty,
my *hands* to larger service, and
my *health* to better living for
my *club*, my *community*,
my *country*, and my *world*.

